

2009 Cycle Menu Dates

Cycle 1: Jan, Feb, March, and April 2009 (Due to YFS by Nov. 4, 2008)						
Week 1	Begin	1-05-09	2-02-09	3-02-09	3-30-09	4-27-09
Week 2	Begin	1-12-09	2-09-09	3-09-09	4-06-09	
Week 3	Begin	1-19-09	2-16-09	3-16-09	4-13-09	
Week 4	Begin	1-26-09	2-23-09	3-23-09	4-20-09	

Cycle 2: May, June, July and Aug 2009 (Due to YFS by March 4, 2009)						
Week 1	Begin	5-04-09	6-01-09	6-29-09	7-27-09	8-24-09
Week 2	Begin	5-11-09	6-08-09	7-06-09	8-03-09	8-31-09
Week 3	Begin	5-18-09	6-15-09	7-13-09	8-10-09	
Week 4	Begin	5-25-09	6-22-09	7-20-09	8-17-09	

Cycle 3: Sept, Oct, Nov and Dec 2009 (Due to YFS by July 4, 2009)						
Week 1	Begin	9-07-09	10-05-09	11-02-09	11-30-09	12-28-09
Week 2	Begin	9-14-09	10-12-09	11-09-09	12-07-09	
Week 3	Begin	9-21-09	10-19-09	11-16-09	12-14-09	
Week 4	Begin	9-28-09	10-26-09	11-23-09	12-21-09	