

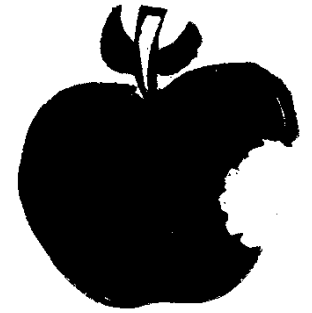
**The Child & Adult Care Food Program can help you build a stronger child care business in the following ways:**

- Good nutrition improves children's behavior at home.
- When children aren't competing over who brought what from home, mealtime becomes an ideal time for socializing and discussion.
- Program participation is an indication of quality care.
- Children learn everything from basic nutrition and responsibility for mealtime chores, to color, shape and size concepts using fresh fruit.
- The reimbursements (as much as several thousand dollars per year) allow providers to buy quality food and provide excellent nutrition that helps attract new customers.

"In accordance with Federal laws and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer."

Youth & Family Services  
Family Child Care Nutrition  
PO Box 2813  
Rapid City, SD 57709

Family  
Child  
Care  
Nutrition  
Program



Sponsored  
by



YOUTH & FAMILY  
SERVICES

Where Healthy Eating Becomes a Habit

## What is the Family Child Care Nutrition Program?

The Family Child Care Nutrition Program supports family and group family child care providers by reimbursing them for serving healthy meals and snacks and providing assistance with meal planning, meal preparation, nutrition and child development.

The program not only promotes positive food attitudes and healthy eating habits, but also helps providers understand the role nutrition plays in children's physical, mental and social health and their ability to learn.

Youth & Family Services has sponsored this program across western South Dakota since 1984. The Family Child Care Nutrition Program is funded under the National School Lunch Act. The United States Department of Agriculture (USDA) provides funding to help children in school and child care receive nutritious food.

*Where Healthy Eating Becomes a Habit*

### Program Benefits

- Financial reimbursement for meals and snacks served to child care children ages 12 and under.
- Training opportunities and workshops that help child care providers meet registration/licensing requirements, learn more about promoting nutrition among their own family, and networking with other providers.
- Access to the YFS Nutri-Library, which features a selection of books on nutrition and other materials.
- Home visits from staff members who provide support as well as program and nutrition information.
- Monthly newsletters with updates on program changes, activities, child development tips, recipes and business building tips.
- No charge for all services.

### Child Care Provider Responsibilities

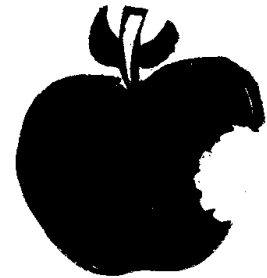
- Feed child care children according to program guidelines.
- Keep accurate records. Plan and submit menus three times a year. Keep track of meals and snacks served daily and submit records monthly.
- Attend training sessions.
- Allow staff to visit your child care home at least three times a year.

### Who is Eligible?

Any registered/licensed family or group family child care provider operating out of a residential setting may participate in the Child & Adult Care Food Program. To become registered or licensed, call Child Care Services at (605) 355-3545.

### How Do I Enroll in the Food Program?

- Become a registered/licensed child care provider.
- Care for at least one day care child.
- Contact Youth & Family Services' Family Child Care Nutrition Program at (605) 341-7205 or (877) 394-9498 toll free. A staff member will schedule a visit to complete all application forms.



**Youth & Family Services  
Family Child Care Nutrition  
PO Box 2813  
Rapid City, SD 57709**

**Phone (605) 341-7205 or (877) 394-9498  
Fax (605) 341-7235  
Email: [fcc@youthandfamilyservices.org](mailto:fcc@youthandfamilyservices.org)**